

Self-portrait evaluation and building your skills step-by-step

Is qiimaynta iyo dhisidda xirfadahaaga tallaabo-tallaabo

Proportion and detail: Shapes, sizes, and contour

Saamiga iyo faahfaahinta: Qaababka, cabbirrada, iyo kontoorka

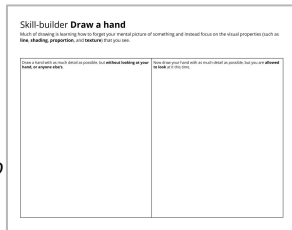
Shading technique: Deep black colours, smoothness, and blending

Farsamada hadhka: Midab madow oo qoto dheer, siman, iyo isku darka

Composition: Complete, full, finished, and balanced

Halabuurka: Dhammaystir, buuxa, dhammaystiran, oo dheellitiran

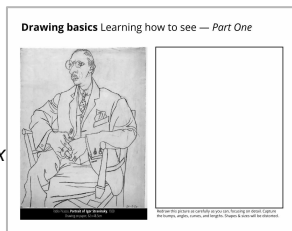
☐ **1.** Learn the difference between **looking and seeing**.
Baro farqiga u dhexeeya wax arka iyo arka.



☐ **7.** Practice drawing it **all together**.
Ku celceli in aad wada sawirto.



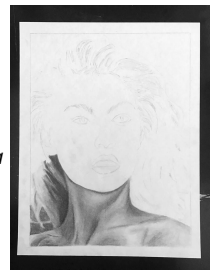
☐ **2.** Improve your ability to **see and draw details**.
Kor u qaad awoodaada inaad wax ku aragto oo sawirto faahfaahinta.



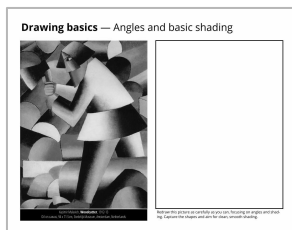
☐ **8.** Choose a **reference photo** with good **lighting**.
Dooro sawir tixraac leh oo iftiin wanaagsan leh.



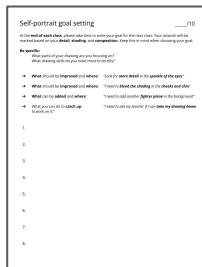
☐ **12.** Shade the **lighter** parts of the **shirt and neck**.
Hoose qaybaha khafiifka ah ee shaadhka iyo qoorta.



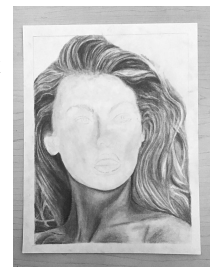
☐ **3.** Practice **drawing angles and shading**.
Ku celceli sawirka xaglaha iyo hadhaynta.



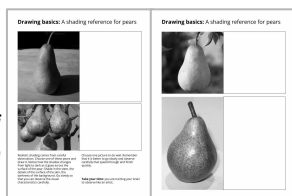
☐ **9.** Write one goal each day.
Qor hal goal maalin kasta.



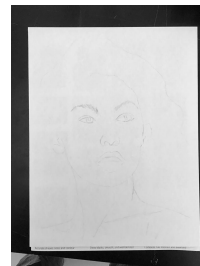
☐ **13.** Shade the **dark** parts of the **hair**, then the **light**.
Hoosi qaybaha mugdiga ah ee timaha, ka dibna iftiinka.



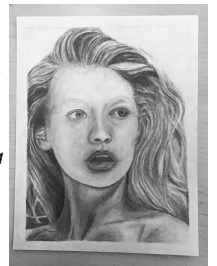
☐ **4.** Practice **blending to make things look 3D**.
Ku celceli isku darka si aad wax ugu ekaysiiso 3D.



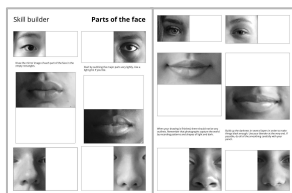
☐ **10.** Trace a **light outline**.
Raad raac dulmar iftiin leh.



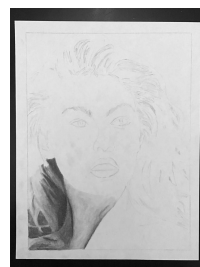
☐ **14.** Shade the **dark** parts of the **face**, then the **lights**.
Hoose qaybaha mugdiga ah ee wejiga, ka dibna nalalka.



☐ **5.** Practice drawing **parts of the face**.
Ku celceli sawiridda qaybaha wejiga.



☐ **11.** Shade the **darkest** parts of the **neck and shirt**.
Hadh qaybaha ugu madow ee qoorta iyo shaadhka.



☐ **15.** Shade to **connect** the parts, & **find improvements**.
Hoos u hadh si aad isugu xidho qaybaha, oo u hel horumar.

